



We've been fighting hunger for 20 years with the support of people like you!

Come join our team of over 1000 volunteers across the Greater Triangle who are dedicating to fighting hunger and keep the Food Shuttle truckin'!

Volunteer Opportunities

Warehouse- *there's an opportunity for everyone in the warehouse!*

- Driving a truck or assisting a driver on a route to pick up recovered food from sites and deliver food to agencies. Must be 21 to drive and 15 to assist a driver
- Warehouse assistance can vary from washing pans, to sweeping and mopping, to sorting food, and loading/unloading trucks
- Packing food for Backpack Buddies**
- Packing and delivering grocery bags**

Office Help- *great for a friendly person who knows computer basics*

- Answering phones, data entry on the computer and other office tasks

Farms and Community Gardens- *get your hands dirty with the Food Shuttle!*

- Working at the production Farm with tasks such as mulching, planting, etc**
- Helping with the 3 Community Gardens, teaching gardening skills to community members**

Operation Frontline (healthy cooking classes)- *perfect place for chefs and foodies alike*

- Shopping, assisting, teaching at our classes at various locations

Special Events and One-time Projects- *got a free hour or so from time to time?*

- Hosting tables at events, faith based communities, conferences, schools, etc.
- Hosting Food Drives**

Creative Needs- *utilize your photography and/or writing skills for our website and social media*

- Taking photos and video footage of Food Shuttle programs and volunteers
- Writing guest blog entries for Food Shuttle blogs

Culinary Job Training Program- *help students gain life and job skills during class sessions*

- Assisting with general office help in the Culinary Job Training Program office
- Teaching job readiness to students for graduation preparation

*******indicates a volunteer opportunity that is perfect for groups*

Sign up with Emily, our Volunteer Coordinator, 919-250-0043 or volunteer@foodshuttle.org



The Inter-Faith Food Shuttle, in the belief that hunger is unacceptable, alleviates hunger by developing systems to recover, prepare and distribute wholesome, perishable food for the area's poor, hungry, undernourished and homeless.

www.foodshuttle.org